



Tacora Resources
Labrador West Welcome Package

Table of Contents

1.0 Welcome to Labrador West	3
2.0 Geography & Climate	3
3.0 Population	3
4.0 Volunteers our Community Pride	4
5.0 Recreation Facilities	4
6.0 Attractions	7
7.0 Education	9
8.0 Families Children	10
8.1 First Steps Family Resource Center	10
8.2 Day Care	11
9.0 Families with Pets	11
10.0 Restaurants and Entertainment	12
11.0 Labrador West List of Volunteer Committees and Organizations	16
12.0 Labrador West Accommodations	18

1.0 Welcome to Labrador West

Labrador West is referred as the 'Big Land', with two tight communities of Wabush and Labrador City that sits within a rich trench of iron ore. The land was first explored in 1896, and in the 1930's, ore deposits were more examined and with the development of a railway from Knob Lake to Sept-Iles in the 1950's.

Labrador West developed into a thriving sub-arctic region, home to fourth and fifth-generation mining families and is continually growing. The region has the best of both the modern and natural worlds, we are surrounded by amazing color and land. There is almost too much to love about Labrador West!

Our medical and educational facilities are excellent. Crime rates are among the lowest in Canada. We are a close-knit community, when a family is in need the community's support system is strong where everyone tries to lend a hand.

The cost of living in Labrador West is among the lowest in Canada, yet our residents enjoy a high standard of living. Housing is affordable and the region has the advantage of our low electrical rates. We welcome you to Labrador!

2.0 Geography & Climate

Labrador is rich with diverse wildlife with 42 native animals. The townsite is surrounded by forest, comprised mostly of evergreen trees, as well as picturesque mountains and crystal-clear lakes that spans outward for miles. It is a paradise for the adventurous and ideal for outdoor activities. It is a dream for snowboarders, skiers, hunters, fishers, photographers, hikers, campers, and mountain bikers, with everything available at your fingertips.

Located 53 degrees north of the equator, our town experiences a climate characterized by long, cold winters and short mild summers. Our temperatures range from about -40 degrees Celsius to +25 degrees Celsius with a mean winter temperature of -20 degrees Celsius and a mean summer temperature of 17 degrees Celsius.

3.0 Population

Total population in 2012 (Statistics Canada) was 9,225. Labrador City accounts for many of the populations with 7,367 residents while the remaining 1,861 residents live in Wabush. The region has just over 2,900 families in private households with an average of two children at home per family.

Our population is young, the median age is just 37 years old. The region does have an increasing senior's population and large indigenous, francophone and Filipino population, making Labrador West a cluster of cultural diversity.

Association for New Canadians (ANC)

Labrador West welcomes all ethnic backgrounds and understand that retention is important. We have an Association for New Canadians (ANC) community-based organization dedicated to the delivery of settlement and integration services for immigrants and refugees in Newfoundland and Labrador, we welcome you to reach out and connect to your new community and your new home!

Location: 118 Humphrey Road, Bruno Plaza, Labrador City A2V 2J8

Tel: (709) 944-7775

4.0 Volunteers our Community Pride

We take pride in our volunteers; they give up their time for others and if you were interested becoming a volunteer, please see page 10-11 for the complete contact list of organized associations and committees that are available in the region. Volunteering is a great way to socialize and meet new people and learn or enhance your skills.

5.0 Recreation Facilities

We have outstanding recreational facilities include an 18-hole golf course, an Arts and Culture Centre that regularly features international talents, world class X-country ski trails, alpine skiing, indoor swimming pool, skating rinks, gymnasiums, restaurants, bars, and taverns. Both communities boast a high level of volunteerism, sports enthusiasts, local musicians, and artists. We invite you to participate and enjoy everything Labrador West has to offer!

Wabush Arena

This facility hosts the Wabush Figure Skating Club, Labrador West Minor Hockey, Recreation and Olympic Hockey family and general skate. Rental times are available through the facilities manager.

*No program schedule available at this time.

Location: Bond Street Wabush, AOR 1B0

Tel: (709) 282-3142

Facebook: <https://www.facebook.com/pages/Wabush%20Arena/1756763854630004/>

Labrador City Arena

The Labrador City Arena is the largest gathering point for recreation for families in Labrador City. It is the home of the Recreation Department and hosts several community events throughout the year including First Night Celebrations, Halloween Activities, Winter Carnival

and more. This facility is a one rink building with the ability to host large tournaments, games, and activities with a capacity of 1800 people. The building is the home to the Polaris Figure Skating Club and Labrador West Minor Hockey Association. In the summer months a grass turf is placed on top of the surface for indoor soccer.

*No program schedule available at this time.

Location: Arena, Booth Avenue Labrador City, A2V 2K5

Tel: (709) 944-3602

Facebook: <https://www.facebook.com/pages/Labrador%20City%20Arena/201467769877456/>

Carol Curling Club

The Carol Curling Club is home to Mark Nichols and Mike Adam, Gold Medalists at the 2006 Winter Olympics. This 4-sheet curling facility plays host to various social events during the year and maintains an excellent atmosphere for all. From competitive leagues to recreational leagues, from annual tournaments to one-time group rentals, they have it all when it comes to curling.

Tel: (709) 944-5889

Website: <https://carolcurlingclub.ca/>

Facebook: <https://www.facebook.com/pages/Carol%20Curling%20Club/175728809110979/>

Trick Lane Skate Park

The Skateboard Park serves as an outdoor facility for our community's youth and assists them in developing their skills in biking, rollerblading, and skateboarding. This facility is allowing users to come and go as they please, and during the evenings has lights to provide a nighttime activity.

NL Public Library

They have a free online resource for members and access a large selection of eBooks and audiobooks from our E-Library.

Located: 306 Hudson Drive Labrador City, A2V 1L5

Tel: (709) 944-2190

Facebook: <https://www.facebook.com/labradorcitylibrary>

Labrador West Soccer Association

The Stan Jackowski Soccer Field is located near the Labrador Mall and houses the Minor Soccer program and Master Soccer. This three-field facility gives Labrador City the ability to host provincial tournaments and has been well maintained to deliver the best possible product for our athletes.

Labrador Trap & Skeet Club

They have 4 active ranges for rifle pistol & shotgun and over 10 courses of fire for Sporting Clays with more than 15 remote controlled machines providing countless presentations of the various targets. We offer marksmanship training and encourage youth and children involvement into the sport under the supervision of our certified RO's.

Tel: (709) 944-2192

Website: <http://www.labwestgunclub.com/>

Facebook: <https://www.facebook.com/LWTSClub>

Gateway Labrador Inc.

The Gateway is a great tourist center to start their Labrador City experience. Located off the highway inside is the Edmund Montague Exhibit Hall. The staff enjoys meeting new faces and can point you in the right direction with what interests you. Inside there is a cozy gift shop full of Labrador theme gifts.

Tel: (709) 944-5399

Website: www.gatewaylabrador.ca

Facebook: <https://www.facebook.com/gatewaylabrador>

Menihek Nordic Ski Club

Nestled in the Virgin Birch and Spruce Forest of the scenic Wapuskatto Mountains in Western Labrador, the Menihek Nordic Ski Club is centrally located in Labrador City. The cross-country ski club facility is very spacious, modern cabin feel lodge complete with a full canteen, full time staff, fireplace, license bar services, meeting rooms, waxing facilities, internet/Wi-Fi, indoor barbecue pit, ski lockers, lessons, and even ski rentals. Open all year around, in the summer the lodge offers guided hikes.

Tel: (709) 944 5842 & (709) 280 1817

Facebook: <https://www.facebook.com/Menihek-Nordic-Ski-Club-200710779953550>

Smokey Mountain Ski Club

Labrador West is famous for the large amounts of snow fall that we receive the best way to ride the hills is through Labrador West's Alpine Skiing and Snowboarding experience. With over 30 hectares (80+ acres) 100% natural snow of ski-able terrain we have the longest ski season in Atlantic Canada. This is a skiers and snowboarders dream come true. The hill is equipped with Skytrac Quad Chair, Magic Carpet and 2 Poma lifts. The beautiful lodge can hold up to 200

people, with a relaxing bar lounge, large indoor fire pit, full canteen service, skies and snow board rentals and available lessons.

Tel: (709) 944 2129 & (709) 282 8809

Website: www.skismokey.ca

Facebook: <https://www.facebook.com/smokeymountainskiandsnowboardclub>

Tamarack Golf Club

Just located outside the town lies the most Northern 18-hole golf course in Eastern Canada. It is beautifully designed that brings the golfer in true contact with nature, surrounded by black spruce and peacefulness. The courses stunning landscape views Duley Lake and so much more. The Club offers lunch and supper meals, full license bar service, rentals, golf apparel, meeting rooms and even the driving range.

Tel: (709) 944-3007

Website: <https://www.golfnl.ca/our-courses/tamarack-golf-club/>

Facebook: <https://www.facebook.com/tamarackgolfclublabwest>

Labrador West Arts and Culture Centre

Throughout the province entertainment always have a venue with the Arts and Culture center. With multiple local drama groups, and musical productions we also have several artists travelling from Canada and abroad. The online calendar is always something to check out for available shows in the area. As well this facility doubles as a movie theater.

Location: 300 Hudson Drive, Labrador City A2V 1L8

Tel: (709) 944-7132 & (888) 246-1411 (toll free)

Website: www.artsandculturecentre.com

Facebook: <https://www.facebook.com/ACC.Labrador.West>

Snowbirds Gymnastic Club

The gymnastic club is a great opportunity for you or your children to participate in activities and meeting new people.

Tel: (709) 944-6881

Facebook: <https://www.facebook.com/groups/441852665952534>

6.0 Attractions

White Wolf Snowmobile Trails

The White Wolf Snowmobile Club in Labrador West was developed in 1997 to increase recreation for snowmobilers and with creating trails through Labrador. With many trails branching off there it is definitely a great way to escape and explore Labrador's wilderness, with chalets at different checkpoints gives drivers a chance to warm up and rest before

adventuring off. With over 800 kms of groom trails, and several thousand kilometers of off trail riding the experience is priceless.

Tel: (709) 944 7401

Website: www.white-wolf.net/home/

Facebook:

<https://www.facebook.com/pages/White%20Wolf%20Snowmobile%20Club/123912091051696/>

Menihek Loppet

In the spring of the year, the Menihek Nordic Ski Club offers residences the chance to get involved in weekend activities for the Annual Loppet up to 10kms of ski races for all ages. * See Menihek Nordic Ski Club for more information.

Family Tubing

Smokey Mountain Ski Club has recently added this experience to Labrador West families. With the magic carpet (a conveyor belt) it is handy when bringing little ones with you up the mountain, fly down the hill on a tube with single and or double tubes. In the evenings, relax and enjoy Open Mic nights and Family Steak Nights.

First Night Celebrations

Every year the First Nights Celebrations are held at the Labrador City Arena on New Year's Eve from 5:00pm - 8:00pm. This is a themed family event filled with fun, afterwards it always follows with a Fireworks show.

Cain's Quest Snowmobile Endurance Race

Cain's Quest is the world's toughest and longest snowmobile endurance race. It is an incredible off-trail riding adventure where teams of two battle in an all-out 3,100-kilometer race through deep snow and thick wooded areas in some of the most remote parts of Labrador. The race is managed by Cain's Quest Inc., a mainly volunteer-run, non-profit organization, that works very hard in organizing the week of activities including a Cain's Quest Fan Night, starting line, Cain's Quest news, and closing ceremonies. The race is very addictive to track at the comfort of your home and get the chance to meet your favorite racer at the finish line.

Tel: (709) 944-5011

Website: www.cainsquest.com

Facebook: <https://www.facebook.com/TheOfficialCainsQuest>

Winter Carnival

Labrador West recreation department host a weeklong of family fun events for all ages. This event happens during March, with many indoor and outdoor activities including outdoor skating, Disney pancake breakfast, competitions, concerts and much more. Wabush recreation committee also hosts a winter carnival event in April.

Jean Lake Regatta

The annual regatta falls on the last Friday in July located at Jean Lake Wabush, this event is the second largest rowing in Newfoundland Labrador. The day is full filled with entertainment, food, and games for families.

Hiking

The residents of Labrador West are walking enthusiasts. The walking trails around Jean Lake in Wabush and Tanya Lake in Labrador City are popular and extremely picturesque. The Crystal Falls hiking trail just off the Fermont Highway provides a spectacular view and infinite photo opportunities. For the adventurer, the hiking trails around Smokey Mountain provide breathtaking views of the towns and nothing but wilderness to explore.

Labrador West Music Festival

A 4-day long workshop-based program allowing children and adults alike to perform and gain professional feedback.

Tel: (709) 944-1999

7.0 Education

A.P. Low Primary School

They are guided by a child-centered philosophy that fosters a cooperative, respectful, inclusive learning environment. Ages Kindergarten to Grade 3.

Location: 600 Bartlett Drive Labrador City A2V 1G6

Tel: (709) 944-5231

Website: <http://www.inetteacher.com/SchoolHome.aspx?sid=203960&pgid=0&secid=1>

Facebook:

<https://www.facebook.com/pages/A.p.low%20Primary%20School/132673743450050/>

JR Smallwood Middle School

The school's vision is to provide a positive, student-centered environment. Students will be encouraged and guided to show respect, to be responsible and to participate in activities and initiatives that will help them reach their academic potential and become lifelong learners.

Grade 4 to Grade 7

Location: 70-78 Bowater Drive, Wabush A0R 1B0

Tel: (709) 282-3251

Website: <https://sites.google.com/nlesd.ca/jrsmallwoodmiddleschool/home>

Facebook:

<https://www.facebook.com/pages/J.R.%20Smallwood%20Middle%20School/162942730389716/>

Menihek High School

Menihek High School enrolls students from Grade 8 to 12, they have a large array of educational course that enriches a young adult with multiple of skills.

Location: 613 Lakeside Drive Labrador City A2V 2W9

Tel: (709) 944-7731

Website: <https://sites.google.com/nlesd.ca/menihekhighschool/home>

Facebook: <https://www.facebook.com/MenihekHighSchool>

College of the North Atlantic

The campus enrolls about 160 regular students per semester and offers an assortment of academic, trades and business programs, as well as advanced apprenticeship training for various trades. In addition to its regular program offerings, the Labrador West campus delivers customized Contract Training and Continuing Education courses for upwards of 500 participants per year.

Location: 1 Campbell, Labrador City A2V 0B8

Tel: (709) 944-7210

Website: <https://www.cna.nl.ca/explore-our-campus/Labrador-West.aspx>

Facebook: <https://www.facebook.com/CNALabradorWest>

8.0 Families Children

8.1 First Steps Family Resource Center

First Steps provides free programs and resources for families in Labrador West with children from birth to age six. They provide "Learning Through Play" through offering quality programs that encourage healthy parent-child interaction and have a monthly schedule that would fit any parent's needs.

Location: 1023-1025 Cavendish, Labrador City A2V 2Y1

Tel: (709) 944-7477

Website: <https://www.firststepsfrc.com/>

Facebook: <https://www.facebook.com/firststepsfrc>

Indoor Play Labrador

We have recently opened our brand-new indoor playground suitable for children ages 0-12 years old. This playground is a great place for children to socialize and be active during our long winter months.

Tel: (709) 288-2021

Facebook: <https://www.facebook.com/KidsClubNL>

8.2 Day Care

Les Oisilons Centre Pre Scolaire

We also offer the Head Start program, which aims to prepare for the integration of children in Kindergarten. At home, teaching is done in French, at all levels and in all subjects, except for the second language, English. Childcare service is made available in French as a First Language program from Kindergarten to Grade 12.

Location: 505 Bristol Crescent, Labrador City A2V 1J2 (McManus School)

Tel: (709) 944-5995

Building Blocks

Childcare program that services children 2-5 years of age.

Location: 70-78 Bowater Dr, Wabush NL A0A 1A0

Tel: (709) 282-6812

Email: buildingblockschildcare@live.ca

Lab City Child Care Centre

Labrador City Child Care Centre has a Preschool Program that services children 3 & 4 years of age and a school age childcare program servicing children 4-13 years of age.

Location: 121 Matthew Ave, Labrador City A2V 2A2 (Door #4 – facing Campbell Ave)

Tel: (709) 944-6180

9.0 Families with Pets

The Barking Lot

The Town of Labrador City has a Dog Park “The Barking Lot”, which opened in August 2010. The Park is located at the Al Thoms Softball Area at Indian Point, off Tamarack Drive, in the third field area. With many dog lovers in the region, this is a great way to let your furry friend release

some energy! Notice to Residents: “The Barking Lot” Dog Park is CLOSED during the winter months. Any use of the park during the winter is at the owner’s risk and all debris and garbage is to be removed by the respective dog owners.

Northern Lights Veterinary Clinic

There is a full-service small animal veterinary practice serving Labrador West and surrounding area pets for more than 15 years. The highly skilled and experienced veterinarians provide comprehensive wellness care, including vaccination, dental services, routine in-house blood work and analysis and more.

Tel: (709) 944-2844

Website: <http://northernlightsvet.ca/index.html>

Facebook: <https://www.facebook.com/labradorcityvetclinic>

Serenity Pet Care

We have a dog boarding and daycare service that is a great place to bring your dog to socialize with the other local pets.

Location: 14 Commercial Street, Wabush A0R 1B0

Tel: (709) 282-8170

Facebook: <https://www.facebook.com/Serenity-Pet-Care-104839694571186>

Hair of the Dog Grooming Co.

A grooming salon focused on grooming of small to medium breed dogs.

Location: 118 Humphrey Road, Bruno Plaza, Labrador City A2V 2J8

Tel: (709) 288-0402

Facebook: <https://www.facebook.com/HairOfTheDogLab>

10.0 Restaurants and Entertainment

Baba Q’s Smoke and Grill

A family-owned Smokehouse that serves a large variety of smoked meats, wings, nachos, and much more. They carry 16 beers on tap with a large selection of craft and bottle beer along with a large cocktail menu.

Location: 211 Drake Avenue Labrador City A2V 2B6

Tel: (709) 944-2355

Website:

https://www.babaqs.com/?fbclid=IwAR3VJTUfIRUmjwD0g1sEfbRI6OJKqPHY4BC8bd8SrvljtOychwUE_2-zL8aI

Facebook: <https://www.facebook.com/BabaQs>

4th Stage Restaurant

A new locally owned restaurant which serves a mixed Asian and Canadian Food Menu. Offered as a dine in or take out restaurant. They also have a new smoothie and bubble tea menu offering a large variety of flavors.

Location: 215 Drake Ave, Labrador City A2V 2B6

Tel: (709) 288-0288

Facebook: <https://www.facebook.com/4th-Stage-103121665022672>

Jungle Jim's Eatery

A jungle themed family restaurant located in the Labrador Mall. This restaurant offers burgers, steaks, wings, and a large drink menu. This restaurant also offers specials for wings on Wednesday nights and steaks on Thursday nights.

Location: 500 Vanier Ave, Labrador City A2V 2W7

Tel: (709) 944-5467

Website: http://www.junglejims.ca/?fbclid=IwAR3Gnu3nKdKyq-BSTIM8A_LMyYsT-U0di4HTFUC8RE6hQJFmrppleL86dPQ

Facebook: <https://www.facebook.com/junglejimslabradorcity>

Sushi Lab

This restaurant offers an all you can eat buffet which includes Chinese food, Canadian food, Appetizers, and sushi. They also offer all these items and specialty combos available for takeout.

Location: 118 Humphrey Road, Bruno Plaza, Labrador City A2V 2J8

Tel: (709) 944-4179

Website: http://sushilab.ca/?fbclid=IwAR21duTiUIAUO_RnZNIRyKqFYjNAQbZGzEvMm8ykK-27YUICNEa9y9mf9B0

Facebook: <https://www.facebook.com/sushilabrador>

Pizza Delight/Scores

A family restaurant that serves different types of pizzas, pastas, donairs, and much more. They have a great kid's menu and are available to dine in or take out.

Location: 800 Trans Labrador Highway, Labrador City A2V 2K7

Tel: (709) 944-7773

Website: <https://www.pizzadelight.com/labrador-city/menus/dine-in>

Facebook: <https://www.facebook.com/Pizza.Delight.Labradorcity>

Greco Pizza

Another great option for dine in or take out pizza, garlic fingers, or donairs. They also offer a gluten free pizza with a cauliflower crust and oven baked subs.

Location: 208 Humber Avenue, Labrador City A2V 1L1

Tel: (709) 310-3030

Website: <https://greco.ca/greco-menu-group/greco-lab-city/>

Facebook: <https://www.facebook.com/GrecoLabCity>

McDonalds

A chain restaurant that offers a large variety of burgers, fries, chicken products, and desserts. This restaurant has a drive thru and is very convenient for take out and also has the option of eating inside of the restaurant.

Location: 90 Avalon Drive, Labrador City A2V 2Y2

Tel: (709) 944-2901

Website: <https://www.mcdonalds.com/ca/en-ca.html>

Facebook: <https://www.facebook.com/McDonalds90AvalonDriveLabradorCityNL>

Tim Hortons

A chain restaurant with a drive thru that you can grab a coffee, donut, or lunch. Convenient for takin your food to go and they also have an available restaurant area if you would prefer to eat in.

Location: 500 Vanier Avenue, Labrador City A2V 2W7

Tel: (709) 944-2850

Website: <https://www.timhortons.ca/>

Facebook: <https://www.facebook.com/TimHortons>

Subway

A sub shop available for you to go inside and watch them make your sandwich exactly as you would like it. This restaurant has a seating area available if you would prefer to dine in.

Location: 151 Avalon Dr, Labrador City A2V 1K4

Tel: (709) 944-6777

Website: <https://www.subway.com/en-CA/>

Facebook: <https://www.facebook.com/subway>

Mary Brown's

A fried chicken franchise that was founded in St. John's, Newfoundland. This is a great place to get any thing chicken. They offer chicken burgers, chicken tenders, popcorn chicken and delicious taters.

Location: 210 Drake Ave, Labrador City A2V 2B5

Tel: (709) 944-3494

Website: <https://marybrowns.com/>

Facebook: <https://www.facebook.com/MaryBrowns>

The Kash Nightclub

A locally owned nightclub that is great for a night out. They offer a large selection of drinks and have a kitchen where they serve pizza, wings, fries, and other pub food.

Location: 401 Avalon Drive, Labrador City A2V 2Y9

Tel: (709) 944-5274

Facebook: https://www.facebook.com/kashnightclub/?ref=page_internal

CJ's Pub

A locally owned sports pub that has a large selection of drinks as well as a large menu that offers wings, fries, deep fried cheese curds and much more.

Location: 301 Humber Avenue, Labrador City A2V 2Y3

Tel: (709) 944-3711

Facebook: <https://www.facebook.com/cjspublabcity>

Iron Rock Brewery Co.

This brewery is the first craft brewery and taproom in Labrador. It is a locally owned business that offers specialty beers and ciders. They cater to those who would like to go into their brewery to try their products and offer cans for purchasing. They often have special events such as live music, pottery, trivia, yoga and much more making it a great place for a night out.

Locations: 118 Humphrey Road, Bruno Plaza, Labrador City A2V 2J8

Tel: (709) 288-0441

Website: <https://ironrockbrewing.com/>

Facebook: https://www.facebook.com/ironrockbrewingco/?ref=page_internal

The information detailed within this package resources came from the <https://labradorwest.com/>

11.0 Labrador West List of Volunteer Committees and Organizations

Get involved, meet new people, learn new skills!!

Organization	Contact Name	Phone Number	Email
50+ Seniors	Noreen Careen		
Army Cadets	Chantelle Reid		Chantelle.reid@cadets.gc.ca
Badminton	Frances Bell	282-5214	
Broomball	Donna Hicks		bbarnett@crrstv.net
Canadian Ski Patrol	Jim Dobbin		cjdobbin@crrstv.net
Carol Curling Club	Reuben Hillier		reubenhillier@gmail.com
Carol Players	Daniel Janes		carolplayers@gmail.com
Community Gardens	Nelson Clarke	944-3204	
DanSing Competitive Teams	Leanne Haye/Shannier Roberts		dansingperf@gmail.com
Francophone Association	Michel Bourbeau	944-6600	dg@afnl.ca
JRS Middle School	Tracy Critch	944-6881	Tracycritch@nlesd.ca
Junior Girls Volleyball	Sandra McCormack	280-4269	sandramccormack@nlesd.ca
Lab. West Girl Guides	Della Connors	944-1809	Flowerlady_648@hotmail.com
Lab. West Minor Hockey	Junior Humphries Dena Pinksen	944-3858 987-9449	juniorhumphries@bellaliant.net pinksenchad@crrstv.net
Lab. West Minor Soccer	Candace Barry-Elliott Maggie Rowcliffe		lwsavp@gmail.com lwsapresident@gmail.com
Lab. West Minor Softball	Heather Bartlett	944-3843	hmebartlett@hotmail.com
Lab. West Volleyball	Melanie Cayouette		melcayou@hotmail.com
Labrador City Taekwondo	Harry Cormier Vanessa Temple	944-5573	htcormier@hotmail.com vl_temple@yahoo.ca
Labrador West Regatta	Harold Clarke	944-5780	clarkep@crrstv.net
Ladies Basketball	Chris Budgell	282-3134	Donna.flynn@riotinto.com
Ladies Ice Hockey	Maggie Rowcliffe		Maggie_5_09@hotmail.com
Ladies Soccer	Brittany Rowe		lwlsa@hotmail.com
LW Craft Guild	Leone Cribb	282-3414	lwcraftguild@gmail.com
LW Shotokan Karate	Steve Osborne	987-9335	Steven.osborn@ironore.ca
LW Youth Football	Sonya Kennedy		skennedy@crrstv.net
Men's Ball Hockey	Terry Clark	280=4926	mclark@crrstv.net
Men's Basketball	Craig Purves	987-0119	craigpurves@gmail.com
Men's Indoor Soccer	Ryan Barron	280-1098	Ryanbarron282@hotmail.com
Menihek Cheerleading	Margaret Pittman		Margaretpittman@nlesd.ca
Menihek Nordic Ski Club	Gerry Rideout Charlotte Walker	944-1802	rideoutg@crrstv.net menihek@nf.aibn.com
Menihek Trips	Denise Cranford		Denisecranford@nlesd.ca
Men's Slow Pitch Softball	Dylon Morris John Payne	897-5735 280-1455	Dylonmorris17@hotmail.com
Minor Basketball	Donna Flynn		ddflynnc@crrstv.net

Northern Huskies AAA	Kent Shea		Kent_shae@hotmail.com
Northern Lights Swim Club	Shelley Cormier Giselle Pike		Shelleycormier325@hotmail.com coachgiselle@live.com
Northern Lights Theatre	Craig Robinson	280-0933	craig@crrstv.net
Polaris Figure Skating Club	Shirley Parsons	944-1665	Polarisfsc1234@gmail.com
Recreation Hockey	Mark Pritchett	944-6322	Pritchett17@live.com
Referees Association	Byron Payne	944-2781	byronpayne@crrstv.net
Roller Derby	Carissa Bagnell/Kelly		Ironcityrollerderby@gmail.com
Sea Cadets	Tamara Taylor	944-2894	
Smokey Mountain Sky Club	Toby Leon	282-8809	Jtoby.leon@gmail.c.om
Snowbirds Gymnastics	Tracey Critch	944-6881	Tracycritch@nlesd.ca
Special Olympics	Shelley Blackmore Mary Lou Battcock	280-6353 282-4402	s.blackmore@hotmail.com Marylou.battcock@hotmail.com
Tamarack Golf Club	Dennis Langdon	944-3007	rmss@rmsco.ca
Timberwolves	Dallas Adey		dallasadey@nf.sympatico.ca
Trap & Skeet Club	Byron Hillier Max Flippi	944-0834 944-2192	bhillier@crrstv.net lwtclub@gmail.com
Visual Arts Council	Marjorie O'Brien	944-5662	
Wabush Figure Skating Club	Lisa Lowe		wabushfsc@hotmail.com
White Wolf Snowmobile Club	Eldon Wheaton	944-0929	Wheatone@crrstv.net
Workout World	Elaine Manning	944-6226	Workoutworld4@yahoo.ca
Youth Ball Hockey	Lisa Critch		Lisa_critch14@hotmail.com

12.0 Labrador West Accommodations

Dexter Inn	1-709-282-5071 sfraser@dexterinn.ca	Meals Provided
Bird (HJOC) Camp	1-709-282-4241 1-709-282-5633 ext. 290 rkeats@bird.ca or arideout@bird.ca	Meals Provided
The Collegiate	1-709-944-1996 reservations@thecollegiate.ca	Meals Not Provided Furnished
Wabush Hotel	1-709-282-3221 info@wabushhotel.com	Meals Not Provided (Restaurant Available)
Northern Inn	1-709-944-2425 Northerninn@crrstv.net	Meals Not Provided Restaurants Close By
Two Seasons Inn	1-709-944-2661 info@twoseasonsinn.ca	Meals Not Provided (Restaurant Available)
Manstan Rentals	1-709-944-1335	Furnished Apartments. Bachelor, 1, 2, 3, 4 Bedroom
NorthView Apartments Dineen Place Apartments Elm Place Apartments Embassy Apartments Lakeview Apartments	1-709-944-7704	Unfurnished Apartments
Sutton Realty	1-709-280-0934	http://rogerwinsor.com
New Lab Realty	1-709-944-5933	http://www.newlabrealty.com
Century 21	1-709-944-9500	http://www.century21.ca/biglabrealty.com
Exit Realty	1-709-944-5000	http://www.exitrealtylabwest.com
Cabot Realty Ltd.	1-709-944-0753	http://www.cabotrealty.com
Royal LePage Turner Realty	1-709-200-0249	https://turnerrealty-labcity.royallepage.ca/index.php

Revision Details

Revision	Date	Originator	Reviewed by	Comments (Changes that have been made to the revision)