



Welcome!

WELCOME TO LABRADOR WEST

Labrador West is referred to as the 'Big Land', with two tight communities of Wabush and Labrador City that sits within a rich trench of iron ore. The land was first explored in 1896, in the 1930's, ore deposits were examined more, and later with the development of a railway from Knob Lake to Sept-Îles in the 1950's.

Labrador West developed into a thriving sub-arctic region, home to fourth and fifth-generation mining families and is continually growing. The region has the best of both the modern and natural worlds, where we are surrounded by amazing color and land. There is almost too much to love about Labrador West!

Local education and medical facilities are readily available. Crime rates are among the lowest in Canada. We are a close-knit community, when a family is in need the community's support system is strong where everyone tries to lend a hand.

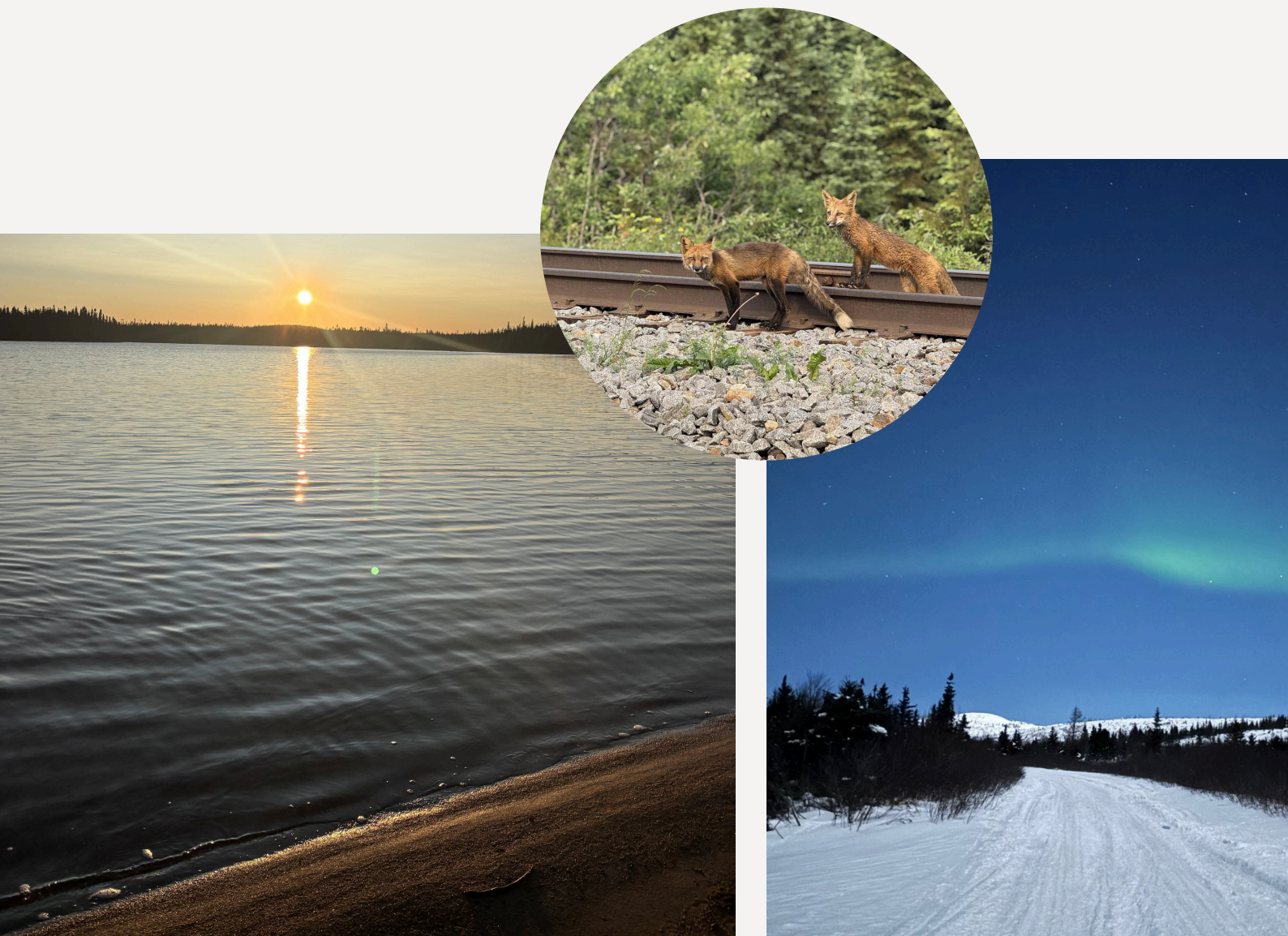
The cost of living in Labrador West is among the lowest in Canada, yet our residents enjoy a high standard of living. Labrador West has affordable housing, in comparison to other provinces and the region has the advantage of our low electrical rates. We Welcome you to Labrador!



Geography & Climate

Labrador is rich with diverse wildlife with 42 native animals. The townsite is surrounded by forest, comprised mostly of evergreen trees, as well as picturesque mountains and crystal-clear lakes that spans outward for miles. It is a paradise for the adventurous and ideal for outdoor activities. It is a dream for snowboarders, skiers, hunters, fishers, photographers, hikers, campers, and mountain bikers, with everything available at your fingertips.

Located 53 degrees north of the equator, our town experiences a climate characterized by long, cold winters and short mild summers. Our temperatures range from about -40 degrees Celsius to +25 degrees Celsius with a mean winter temperature of -20 degrees Celsius and a mean summer temperature of 17 degrees Celsius.



Population

The total population in 2021 (Statistics Canada) was 9,955. Labrador City accounts for most of the population with 7,846 residents while the remaining 2,109 residents live in Wabush. The region has just over 2,900 families in private households with an average of two children at home per family.

Our population is young with a median age of just 37 years old. The region does have an increasing senior's population and large indigenous, francophone and Filipino population, making Labrador West a cluster of cultural diversity.

Labrador West welcomes all ethnic backgrounds and understands that retention is important. We have an Association for New Canadians (ANC) community-based organization dedicated to the delivery of settlement and integration services for immigrants and refugees in Newfoundland and Labrador. We welcome you to reach out and connect to your new community and your new home!

Location: 118 Humphrey Road, Bruno Plaza Tel: (709) 944-7775





Community

We take pride in our community and its volunteers; Many volunteers in Labrador West give up their time for others and our community. Volunteering is a great way to socialize and meet new people and learn or enhance your skills. If you are interested in becoming more involved within our community, there are many local organizations seeking volunteers.



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Wabush Arena

Labrador City Arena

Carol Curling Club

Trick Lane Skate Park

Labrador West Soccer Association

Labrador Trap & Skeet Club

Menihek Nordic Ski Club

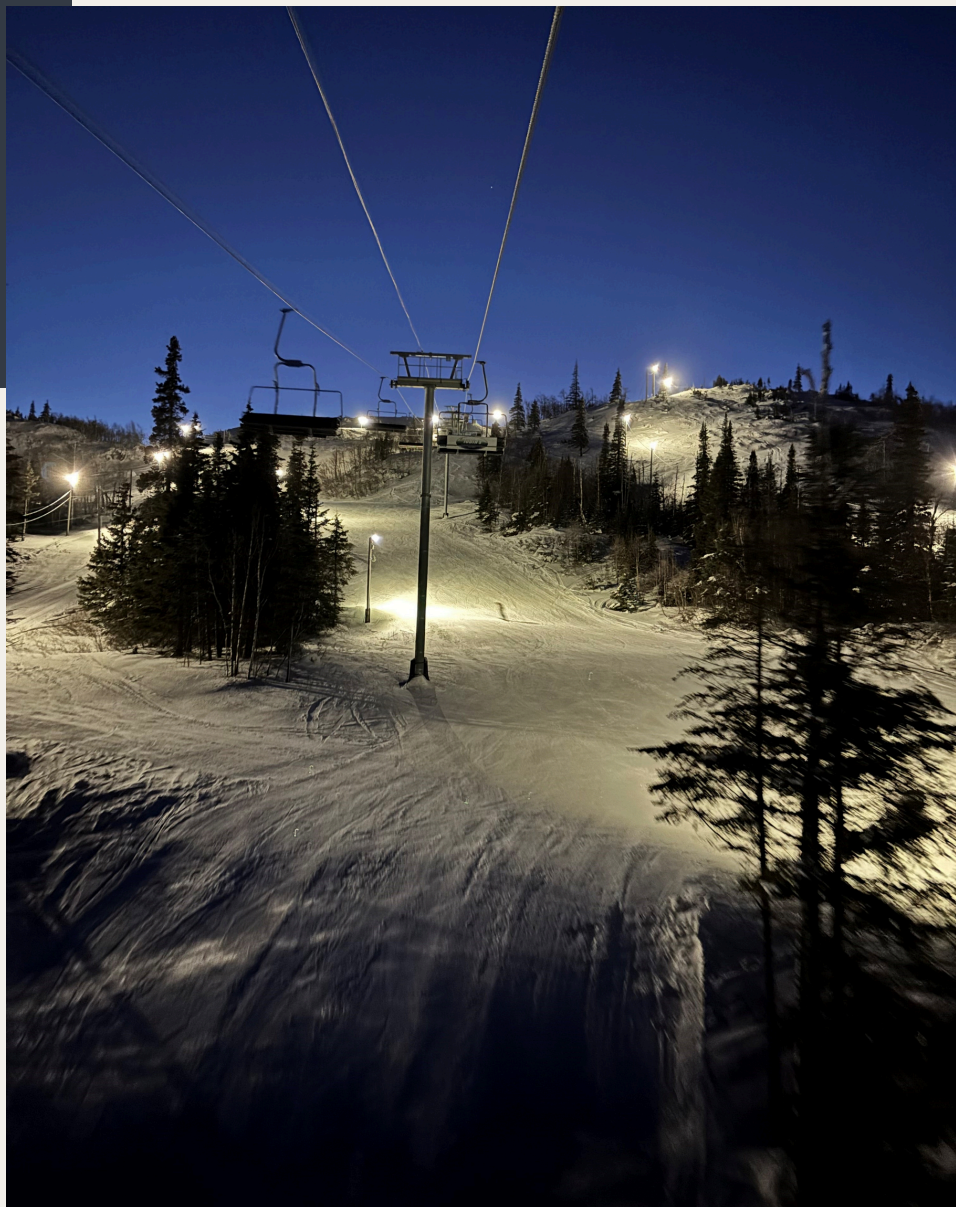
Smokey Mountain Ski Club

Tamarack Golf Club

Mike Adam Wabush Recreation
Centre (Bowling, Swimming and
more..)

Recreation Facilities

We have outstanding recreational facilities which include an 18-hole golf course, a world class X-country ski trails, alpiniskiing, indoor swimmingpool, skating rinks, gymnasiums, and an Arts and Culture Centre that regularly features international talents. Both communities boast a high level of volunteerism, sports enthusiasts, local musicians, and artists. We invite you to participate and enjoy everything Labrador West has to offer.



Restaurants and Bars



Baba Q's Smoke and Grill- Labrador City

Cain's Cafe - Wabush Airport

CJ's Pub - Labradors City

Dhay's Cuisine - Labrador City Mall

Greco Pizza - Labrador City

Frozen Rooster/Grenfell Hotel - Wabush

Iron Rock Brewery - Labrador City

Jarge's Pub - Labrador City

Jungle Jim's Eatery - Labrador City

Well Bean Cafe - Labrador City

Mary Brown's Chicken & Taters - Labrador City

McDonald's - Labrador City

Pizza Delight - Labrador City

Maverick's Lounge - Labrador City

Subway - Labrador City

Sushi Lab - Labrador City

The Fishnet Lounge - Wabush

Maple & Mango - Labrador City

Wing'n It - Labrador City

Things to do!

The **White Wolf Snowmobile Club** in Labrador West was developed in 1997 to increase recreation for snowmobilers and with creating trails through Labrador. With many trails branching off there is definitely a great way to escape and explore Labrador's wilderness. With chalets at different checkpoints, it gives drivers a chance to warm up and rest before adventuring off. With over 800 kms of groom trails, and several thousand kilometers of off trail riding, this experience is priceless. Tel: (709)944 7401 Website;www.white-wolf.net/home/





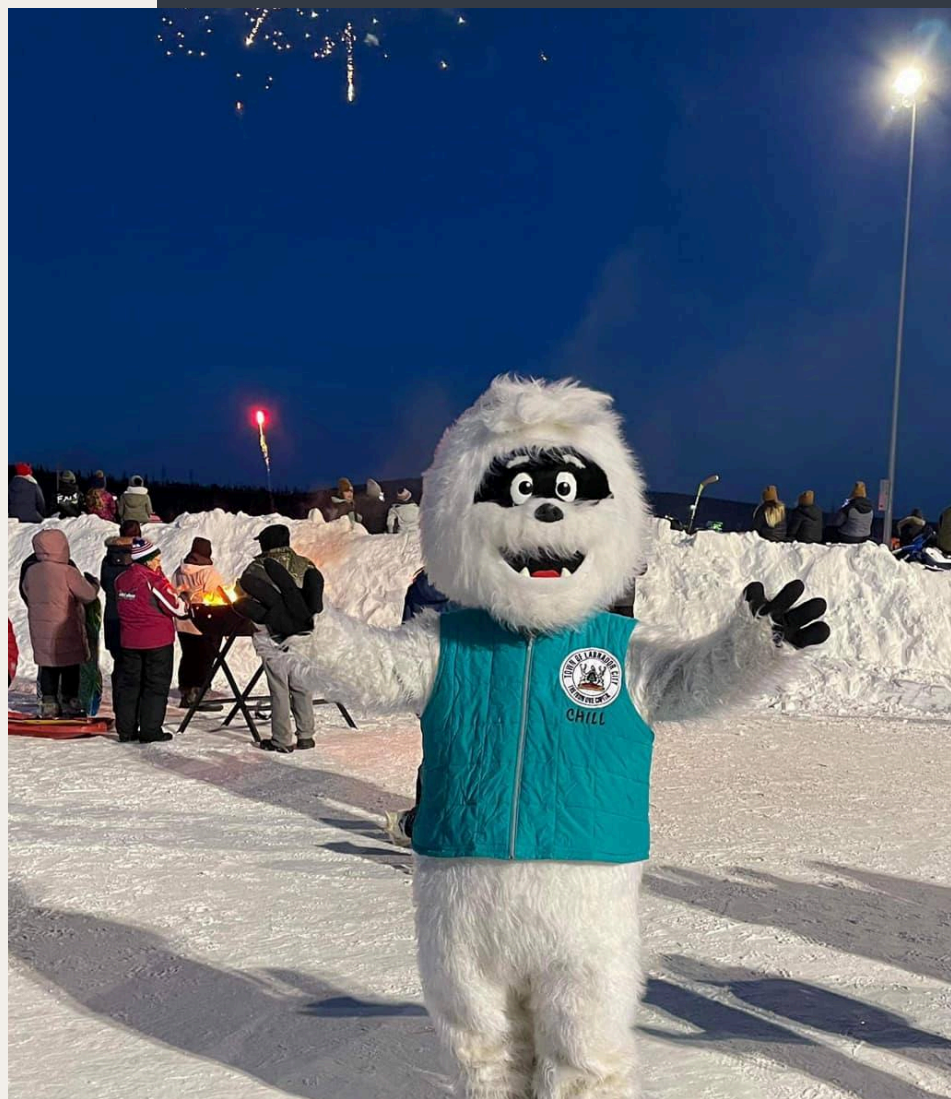
CAIN'S QUEST SNOWMOBILE ENDURANCE RACE

Cain's Quest is the world's toughest and longest snowmobile endurance race, held across Labrador with the start and finish line in Labrador City. It is an incredible off-trail riding adventure where teams of two battle in an all-out 3,100-kilometer race through deep snow and thick wooded areas in some of the most remote parts of Labrador. The race is managed by Cain's Quest Inc., a mainly volunteer-run, non-profit organization, that works very hard in organizing the week of activities including a Cain's Quest Fan Night, starting line, Cain's Quest news, and closing ceremonies. The race is very addictive to track at the comfort of your own home and have the chance to meet your favorite racer at the finish line.

Tel: (709) 944 5011 Website: www.cainsquest.com

WINTER CARNIVAL

The Labrador West recreation department hosts a weeklong schedule of events for all ages located in both Labrador City and Wabush. This event happens during the month of March, with many indoor and outdoor activities including outdoor skating, Disney pancake breakfast, competitions, concerts and much more.



IRON FEST

The community of Labrador West offers a one-day festival during the month of August. IronFest is a new event which started in the summer of 2022. The festival features some of the top performers in Canada and offers food services on site as well as a bar. IronFest seeks to showcase a variety of artists each year.



JEAN LAKE REGATTA

The annual regatta falls on the last Friday in July located at Jean Lake, Wabush. This event is the second largest rowing in Newfoundland and Labrador. The day is filled with entertainment, food, and games for families to enjoy.



Education

A.P. LOW PRIMARY SCHOOL

They are guided by a child-centered philosophy that fosters a cooperative, respectful, inclusive learning environment. Ages Kindergarten to Grade 3. Location: 600 Bartlett Drive Labrador City
Tel: (709) 944-5231



JR SMALLWOOD MIDDLE SCHOOL

The school's vision is to provide a positive, student-centered environment. Students will be encouraged and guided to show respect, to be responsible, and to participate in activities and initiatives that will help them reach their academic potential and become lifelong learners. Grade 4 to Grade 7
Location: 70-78 Bowater Drive, Wabush
Tel: (709) 282-3251



MENIHEK HIGH SCHOOL

Menihek High School enrolls students from Grade 8 to 12, they have a large array of educational courses that enriches a young adult with multiple of skills.

Location: 613 Lakeside Drive Labrador City Tel: (709) 944-7731



COLLEGE OF THE NORTH ATLANTIC

The campus enrolls about 160 regular students per semester and offers an assortment of academic, trades and business programs, as well as advanced apprenticeship training for various trades. In addition to its regular program offerings, the Labrador West campus delivers customized Contract Training and Continuing Education courses for upwards of 500 participants per year. The campus also offers a variety of online programs for students who are looking for a more flexible schedule.

Location: 1 Campbell, Labrador City Tel: (709) 944-7210



Family Resources

FIRST STEPS FAMILY RESOURCE CENTER

First Steps provides free programs and resources for families in Labrador West with children from birth to age six. They provide "Learning Through Play" through offering quality programs that encourage healthy parent-child interaction and have a monthly schedule that would fit any parent's needs.

Location: 1023-1025 Cavendish

Tel: (709) 944-7477

Child Care

LES OISILONS CENTRE PRE SCOLAIRE

Les Oisilons Centre Pre Scolaire offers the "Head Start Program", which aims to prepare for the integration of children in kindergarten. At home, teaching is done in French, at all levels and in all subjects, except for the second language, English.

Childcare service is made available in French as a First Language program from Kindergarten to Grade 12.

Location: 505 Bristol Crescent (McManus School) Tel: (709) 944-5995

BUILDING BLOCKS

Childcare program that services children 2-5 years of age.

Location: 70-78 Bowater Dr, Wabush NL AOA 1AO Tel: (709) 282-6812

Email: buildingblockschildcare@live.ca

LAB CITY CHILD CARE CENTRE

Labrador City Child Care Centre has a Preschool Program that services children 3 & 4 years of age and a school age childcare program servicing children 4-13 years of age.

Location: 121 Matthew Ave. (Door #4 – facing Campbell Ave) Tel: 709-944-6180

Pets

NORTHERN LIGHTS VETERINARY CLINIC

There is a full-service animal veterinary practice serving Labrador West and surrounding area pets for more than 15 years. The highly skilled and experienced veterinarians provide comprehensive wellness care, including vaccination, dental services, routine in-house blood work and analysis and more.

Tel: (709) 944- 2844